

Massages

STRESS AWAY MASSAGE

30 / 60 / 90 minutes

Our Stress Away Body Massage focusses on relieving specific stress and muscle tension. This deep rhythmic-pressure massage gives the whole body a vigorous work out. Combined with specially blended massage oils, this treatment can be tailor-made to suit the individual needs of the client.

AROMATHERAPY WITH LOCAL ESSENTIAL OILS

60 minutes

Aromatherapy is a specific type of therapy that incorporates the use of scented essential oils in the massage. Alternating between gentle and harder pressure, this massage will be given using a specific blend of essential oils.

DEEP TISSUE MASSAGE

60 / 90 minutes

This massage relieves specific stress and muscle tension and the deep rhythmic pressure gives the whole body a vigorous workout.

VOLCANIC HOT STONE THERAPY

60 minutes

Volcanic Hot stones bathed in our "Frangipani Monoi Body Oil" are worked deep into the muscles, getting into areas of real tension. The result is a feeling of sparkling vitality coupled with intensely hydrated skin. During a hot stone massage, smooth, flat, heated stones are placed on specific parts of your body. The stones are usually made of basalt, a type of volcanic rock that retains heat.

PEACEFUL PREGNANCY MASSAGE

75 minutes

An intuitive and relaxing massage which hydrates skin that is expanding to accommodate a growing baby. This unique pregnancy massage is profoundly nurturing and tranquil. Performed on a bed of comfy pillows, mothers-to-be are lulled and restored to optimum wellness.

SEA SHELL TREATMENT

60 minutes

Using heat from our tiger-striped clam shells, our deep tissue pressure point massage eases away muscle tension, releases energy flow and restores a sense of balance to the body and mind.

massage

